

MILLINGTON CENTRAL HIGH SCHOOL

**8050 West Street
Millington, TN 38053
901-873-8100 ext 245
Ginger Whitaker**

Cosmetology Course Syllabus

Prerequisites: Principles of Cosmetology: Successfully passed to the tenth grade
Design Principles of Cosmetology: Passed Principles of Cosmetology
Chemistry of Cosmetology: Passed Design Principles of Cosmetology

Credits:

Principles of cosmetology: 1 credit
Design Principles of Cosmetology: 2 credits
Chemistry of Cosmetology: 2 credits

Standards: Standards one through eight developed by the Tennessee Department of Education will be implemented for this course, along with lifelong standard-productivity.

Competencies Profile Sheet: The competency profile for this course will be used to accompany the standards, units and lesson plans throughout the school year.

Please sign in the spaces below acknowledging receipt of this syllabus along with a copy of your child's competency profile. Remove and return this form to me. Thanks.

Student Name: _____

Parent/Guardian Name: _____

Date: _____

Philosophy

The cosmetology curriculum seeks to produce students and workers who will be technologically literate and productive. The student's talents, interest, and abilities are the major concern in designing and implementing a competency-based course of study. Community resources, technological advancements, and simulation of the work place will be utilized to prepare students for careers in cosmetology and related fields.

It is hoped that an understanding of the fundamentals of cosmetology will instill the desire to continue learning as well as the desire for improvement in the quality of life through meaningful work.

Rationale

Cosmetology is the science of beautifying or improving the complexion, skin, hair and nails. The cosmetologist's task of improving patrons' appearance is ever growing.

This multifaceted course provides challenging occupations by which to become gainfully employed. Each aspect is dynamic and exciting to pursue. The State Board of Cosmetology establishes a minimum number of fifteen hundred hours of training and candidates must pass the State Board of Cosmetology Examination to become licensed.

The cosmetology skills inspire and motivate the expression of creativity through diligent study and ardent practice. Instruction is designed to train and prepare students to qualify for license upon completion of the course requirements.

Professional cosmetologists, manicurists, and esthetician, who possess artistic ability and can perform the manipulative skills efficiently, will find a broad horizon in the lucrative beauty trade.

Purpose of the Program

In all its philosophies, concepts and functions, the program reflects the worth of the individual and of our industry, and a dedication to a quality program of instruction that recognizes the importance of the development of skills and constructive habits and **ATTITUDES**. We reinforce this basic philosophy through the following criteria:

1. To educate the individual to meet the demands of our ever-changing industry.
2. To develop industry and people skills.
3. To teach knowledge and ethics consistent with responsible social and professional behavior.
4. To assist our graduate in becoming social competent members of their communities to a degree that each can appreciate and handle the many human relation problems that will be encountered.

Class Goals

1. Provide a learning environment, in which students strengthen inner emotional controls, increase self-confidence and self-discipline, and establish a sense of dignity and self-worth.
2. Present learning activities, which teach students to listen, observe, solve problems and develop manipulative skills.
3. Provide diverse instructional strategies, which meet student's needs and learning styles.
4. Provide an opportunity to learn the basic skills of the trade together with the related scientific and technical knowledge for advancement necessary in the cosmetology field.
5. Provide productive experiences as nearly like those "on-the-job" as possible.
6. Provide safety consciousness in the work environment.
7. Promote interpersonal relationships, which are directed toward developing the ability to work cooperatively.
8. Develop an understanding of the functions of the occupation and the relationship with other occupations.
9. Provide an opportunity for students to develop leadership abilities.
10. Create a learning environment in which students will develop an appreciation for quality craftsmanship.
11. Provide students with salable skills in the cosmetology field.
12. Develop a positive work ethic and the self-discipline required for work and advancement in the industry.

Administration of Curriculum and Course Description

The cosmetology course is a well-rounded program covering all phases of cosmetology. The approach to training is based on sound educational methods and teaching fundamentals. This type of program stresses a firm theoretical knowledge of cosmetology for development of a true professional.

The first hours of the course include lectures, demonstrations, special projects, role playing, interpretation of reading material, writing, and practice in molding pincurl patterns, roller placement, permanent waving, hair shaping, hair coloring, and the related theories. The **LAW** forbids students from working on paying clientele until they have acquired two hundred hours of instruction.

After the first year of training students are introduced to public clientele where they practice the knowledge gained during the previous training. It is only through applied knowledge that the necessary experience and comprehension of cosmetology can develop. For the remainder of the course students are scheduled for theory classes, as well as, practical classes. Subjects such as the hairdresser-customer relationship, salesmanship, professional attitudes, the latest haircuts, advanced comb-out techniques, pressing and Marcel curling, blow styling, beauty salon business, permanent waving and nail care are covered in these classes. As students progress through the training, becoming proficient in hairdressing procedures, the clinic experiences become more salon oriented.

Visual poise is stressed at all time. It is essential that safety and sanitation be an intricate part of the training for the patron's protection, as well as, the student. Participation in competition, fashion programs and activities sponsored by our school is encouraged. Students become familiar with professional ethics and dispensary skills needed for preparation of professional products and the techniques of scheduling appointments and handling receptionist duties.

The course is fifteen hundred hours long plus successful completion of the curriculum. The curriculum has three phases:

General

Bacteriology and Decontamination
Anatomy and physiology
Shop ethics, personality, and salesmanship
State law

Chemical

Permanent waving
Hair relaxing
Hair coloring, bleaching, and toning
Sculptured nails
Hair Structure and Chemistry

Physical

Shampooing, conditioning, and rinses
Hair and scalp care
Hair shaping
Hairdressing and styling (wet styling, blow styling, pressing and curling)
Facials, arching, lash and brow tinting
Artificial hair

Grading Policy

The following grading system is used in evaluating student performance:

93....100=A
85.....92=B
75.....84=C
70.....74=D
69.....0=F

The student is assessed in four categories for **Principles of Cosmetology**:

Test..... 40%
Quizzes..... 10%
Homework.....10%
Class participation/projects... 40%

The student is assessed in four categories for **Chemistry and Design Principles of Cosmetology**:

Test..... 30%
Project Sheet.....40%
Homework.....10%
Job Sheet..... 20%

Types of assessment: rubric, written and oral responses, completed tasks, and projects

Criteria involved in assessing the student's work is:

- a. Ability to follow and carry out instructions.
- b. Demonstrating the proper use of implements and equipment in performing the task.
- c. Following the proper steps and techniques in completing a performance lesson.
- d. Demonstrating patience in carrying out the patron's needs.
- e. Demonstrating QUALITY service.
- f. Following and completing the required lessons and projects in a timely manner.

Conduct

Excellent.....E
Satisfactory.....S
Needs Improvement.....N
Unsatisfactory.....U

Negative attitudes must be left at the door when entering the class since we are training to become professionals. Each student must respect each other, as well as, the instructor. There is no excuse for taking tools or supplies from another student and this behavior will no be accepted.

Attendance Policy

Attendance and participation in class are required. Students are responsible for all content covered during class regardless of whether or not an absence is excused. An excessive number of absences may adversely affect a student's performance in the course. *See SCS policy.

If you are tardy, you must sign the tardy book stating the time of arrival and the date. Upon receiving the third tardy you will receive a referral. See Student Handbook on attendance/tardy.

Class rules

- 1. Be on time for class every day.
- 2. Bring book, kit, paper, and pencil/pin to class every day.
- 3. Wear uniform and dress appropriately every day.
- 4. Do not eat or drink in class.
- 5. Participate in all classroom activities.
- 6. Keep a positive attitude and always do your best.
- 7. Use appropriate language every day.
- 8. Always are respectful.
- 9. Represent the class in a professional manner.
- 10. Be a positive role model to others.

Supplies

Kit	books	pencils/pens
paper	lab coat	manikin
marcels	nail supplies	

NOTE: No student may enter or leave this class without his/her agenda book. All personal services must be pre-approved.

Cosmetology Curriculum
Milady Standard Cosmetology Textbook
Part I

Orientation

Class Rules
Safety
SkillsUSA
Cosmetology State Law and Rules

Chapter 1, pp. 6-20-Cosmetology: The History and Opportunities

Early history
The twentieth century
Career Opportunities

Chapter 2, pp. 24-43-Life Skills

Psychology of Success
Motivation & Self Management
Goal Setting
Time Management
Study Skills
Ethics
Personality Development & Attitude
Human Relations

Chapter 3, pp. 48-65- Your Professional Image

Beauty and Wellness
Healthy Mind and Body
Your physical Presentation

Chapter 4, pp. 69-93-Communicating for Success

Communication Basics
The client consultation
Special Issues in communication

Part II
Cosmetology Sciences

Chapter 5, pp. 95-128-Infection Control: Principles & Practice

Bacteria
Viruses
Pathogenic Bacteria
Parasites
Immunity
Principles of Prevention
Universal precautions
Safety and State Law

Chapter 6, pp. 132-168-Anatomy and Physiology

Cells
Tissues
Organs
Body Systems

Chapter 7, pp. 170-200

Chemistry
Electricity
Electro Therapy
Light Therapy

**PART III
Hair Care**

Chapter 8, pp. 201-226-Properties of the Scalp and Hair

The Hair
Hair Growth
Hair Analysis
Scalp Care
Hair Loss
Disorders and diseases of the hair and scalp

Chapter 9, pp. 229-253, Principles of Hair Design

Philosophy of Design
Elements of Hair Design
Principles of Hair design
Creating Harmony between the hairstyle and facial structure
Designing for men

Shampooing, Rinsing, & Conditioning

Types of Shampoos and conditioners
Brushing the hair
Scalp Massage
Procedures for Shampooing, rinsing and conditioning
General Hair and Scalp Treatments

Chapter 11, pp. 283-345-Haircutting

Basics of Haircutting
Client Consultation
Tools, Body Position, and Safety
Other cutting techniques
Clippers and Edgers

Chapter 12, pp. 350-424- Hairstyling

Client Consultation
Hairstyling Basics
Finger Waving
Pin Curls
Roller Curls
Comb-out Techniques
Hair Wrapping
Blow-dry styling
Styling Long Hair
Thermal Hairstyling
Thermal Hair Straightening
Safety

Chapter 13, pp. 426-457, Braiding and Braid Extensions

Client Consultation
Understanding the Basics
Braiding the Hair

Chapter 14, pp. 460-485-Wigs & Hair enhancements

The Consultation
Wigs
Hairpieces
Hair Extensions

Chapter 15, pp. 487-545-Chemical Texture Services

Hair Structure
Client Consultation
Permanent Waving
Permanent Waving Procedures
Chemical Hair Relaxers
Relaxer Procedures
Soft Curl Permanent wave

Chapter 16, pp. 547-605-Haircoloring

Why People Color their Hair
Color Theory
Hair Facts
The Level System
Types of Haircolor
Consultation
Haircolor application procedures
Lightening Techniques
Special Effects
Special Problems in Haircolor/Corrective coloring
Salon Menu of Services
Safety

PART IV Skin Care

Chapter 17, pp 607-632-Histology of the Skin

Anatomy of the skin
Disorders of the skin
Maintaining the Health of the Skin

Chapter 18, pp. 634-652-Hair Removal

Client Consultation
Permanent Hair Removal
Temporary Methods of Hair Removal

Chapter 19, pp. 655-695-Facials

Basic Classification & Chemistry of Skin Care products
Client Consultation
Facial Massage
Electro therapy & Light therapy
Facial Treatments
Aromatherapy
Face Value

Chapter 20, pp. 697-737-Facial Makeup

Cosmetics for Makeup
Makeup color theory
Client Consultation
Corrective Makeup
Artificial Eyelashes
Safety Precautions

PART V

Nail Care

Chapter 21, pp. 739-759-Nail Structure and Growth

The Nail
Nail Growth
Nail Fungus
Diseases of the nail

Chapter 22, pp. 760-795-Manicuring and Pedicuring

Nail care tools
The manicure table
Client Consultation
The Plain Manicure
Arm & Hand Massage
Other Type of Manicures
Pedicures
Safety Rules
A Valuable Service

Chapter 23, pp. 797-827-Advanced Nail Techniques

Pre and post service procedures
Nail tips
Nail wraps
Acrylic Nails
Gels
Dipped Nails
Safety Precautions
Nail Art

PART VI
The Business of Cosmetology

Chapter 24, pp. 829-856-The Salon Business

What You Should Know about Opening a Salon
Operating a Successful Salon
Selling in the Salon
State Law

Chapter 25, pp. 856-889-Seeking Employment

Preparing for Licensure
Preparing for Employment
On your way the Right way

Chapter 26, pp. 891-910-On the Job

Moving from School to work
Out in the real world
Discover the selling--You